

Practice Management Insight

A report on events affecting behavioral health and substance abuse providers

October 2018

ThinkHealth Update v4.28

OrionNet Systems deployed an update for ThinkHealth on October 3rd and 4th. With constant changes revolving around mental health and state requirements, updates seem to roll out frequently. The latest update, v4.28 consisted of updates and changes to several Modules within ThinkHealth.

OrionNet Systems deployment of ThinkHealth v4.28 was a success! Thank you for your continued support and cooperation. Contact OrionNet Systems or visit our website at www.orion.com if you have question or would like to offer comments or concerns. We always encourage feedback from our customers, and often incorporate customers' suggestions in our updates.

[More Information](#)



October is . . . **Breast Cancer Awareness Month**
www.NationalDayCalendar.com

Minnesota Workplaces Address Mental Health	Mental health now required to be part of curriculum in New York State schools
<p>MINNEAPOLIS (WCCO) – It has been a week since Vikings player Everson Griffen’s personal struggle came to light. The team showed concern for his well-being and reached out to police. WCCO took a closer look at what the NFL has in place for teams and players in terms of mental health. The issue extends well beyond the football field, so we found out what companies in Minnesota are doing for employees. The National Alliance on Mental Illness reports it affects one in five people. The concern surrounding the mental well-being of defensive end Everson Griffen catapulted the conversation surrounding mental health back into the public arena. “The only thing we’re really concerned about for Everson has nothing to do with football, it’s about him getting better,” said Viking Coach Mike Zimmer on Sept. 25.</p> <p>More Information</p>	<p>New York State now requires that all school districts incorporate mental health into their curriculum. Starting this fall, kids K-12 have added the subject to their list. Onondaga-Cortland -Madison Counties BOCES has been a leader in helping local districts put the program into practice. "It's frightening and we're reaching a critical point where we need to do something. Uhm, that this can't be something that we're pushing off to the side and hoping that kids learn on their own," said Kristen Purcell, Assistant Coordinator Innovative Teaching & Learning at OCM BOCES. Students are required to learn about not only mental illness but also having positive relationships and learning self-management and resource management.</p> <p>More Information</p>

Think JOTTABLE



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Can Being Left-Handed Really Affect Mental Health?

KEVIN DENNY, AN economics professor at University College Dublin in Ireland, is not left-handed. Many years ago, though, he was staying with a friend in Kansas City, Missouri, who is left-handed. "He had a book on the subject. I got fascinated," Denny says. "I eventually realized I could publish papers on [it]. Handedness has lots of interesting aspects – historical, scientific, cultural. So it was a nice, albeit challenging, way of working in another discipline that I have no background in." One of the aspects Denny focused on was mental health. There has been a fair amount of research that associates left-handedness with the likelihood of psychotic disorders like schizophrenia. But Denny wanted to see if handedness was linked to affective disorders, particularly major depression. Looking at large population survey data from 12 European countries, he found that left-handers are significantly more likely to have depression symptoms than right-handers. "For example, left-handers are about 5 percent more likely to have reported having ever experienced symptoms of depression," he writes in the paper, published in the journal *Laterality* in 2009.

[More Information](#)

Mental illness derailed her life. An innovative concept got it back on track	Gisele Bundchen reveals she contemplated suicide, struggled with panic attacks in memoir
<p><i>Once deeply depressed and alone, Keansburg's Sherone Rogers has turned a corner thanks to a Long Branch nonprofit that empowers people through work.</i></p> <p>LONG BRANCH -- Sherone Rogers first tried to take her own life at age 12. She survived, but never received long-term professional help. "My mother had the feeling that if you had problems, you could talk to your mother about them," the Tinton Falls native said. Later, as a college student at Rutgers, she suffered a nervous breakdown. "I went from straight-As to not being able to get out of bed and go to class," Rogers recalled. "I just cried and slept and watched cartoons all the time. I was like, 'What's happening to me?'"</p> <p>More Information</p>	<p>Gisele Bundchen is famously private about her personal life, but she's now opening up about past suicidal thoughts in a new memoir. In "Lessons: My Path to a Meaningful Life," out Oct. 2, Bündchen shares her history of mental health struggles and her experiences dealing with panic attacks, suicidal ideation and medication. "Things can be looking perfect on the outside, but you have no idea what's really going on," the supermodel, 38, said in an interview with People. "I felt like maybe it was time to share some of my vulnerabilities and it made me realize, everything I've lived through, I would never change because I think I am who I am because of those experiences."</p> <p>More Information</p>

OrionNet Systems Attends Zarrow Mental Health Symposium

OrionNet Systems will be attending The 2018 Zarrow Mental Health Symposium October 4th. We are excited to attend this particular conference which will place emphasis on emerging knowledge, research, and best practices. The two-day conference will provide participants with information and practical tools they can use in their professional practice, agencies and communities. This year's conference focuses on promoting and exploring new frontiers, promising practices, and innovative solutions in mental health.

ThinkHealth is a complete software solution for mental and behavioral health industry but is not limited to outpatient services. ThinkHealth can accommodate residential needs, we meet all certifications for Health Homes, and we offer Therapeutic Foster Care agencies and the parents a system with the tools aimed at improving family and child outcomes seamlessly and effortlessly. Parents and Clinicians are both able to document and communicate right within ThinkHealth to ensure the best care and support is provided for our nations Foster Families.

[More Information](#)

MARK YOUR CALENDAR

- October 1 – 31**
[Antidepressant Death Awareness Month](#)
[More Information](#)
- October 1 – 31**
[National Critical Illness Awareness Month](#)
[More Information](#)
- October 1**
 National Child Health Day
[More Information](#)
- October 4 – 7**
[Institute on Psychiatric Services: Mental Health Services Conference](#)
 American Psychiatric Association
[More Information](#)
- October 7-13**
[Mental Illness Awareness Week](#)
 National Alliance on Mental Illness
- October 8**
 Columbus Day
[More Information](#)
- October 8-15**
 Case Management Week
[More Information](#)
- October 10**
 Drug Utilization Review Board Meeting
 OHCA
[More Information](#)
- October 10**
 World Mental Health Day
[More Information](#)
- October 10**
 National Emergency Nurses Day
[More Information](#)
- October 11**
[OHCA Board Meeting](#)
 OHCA
[More Information](#)
- October 11**
 National Depression Screening Day
[More Information](#)
- October 16**
[Tribal Consultation](#)
 Catoosa
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- October 31**
 Halloween
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Customer Quote

"I really like the convenience that ThinkJottable offers in starting notes then being able to sync that info into an actual TH note. I envision this app saving me time. I like the color scheme. The icons are easy to understand and easy to use. The app is really easy and convenient to use."

~ Anonymous ~



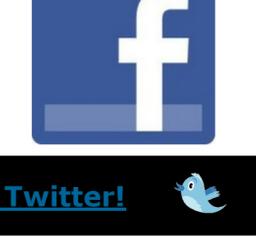
OCTOBER is . . .

- [National Breast Cancer Awareness Month](#)
- [National Down Syndrome Awareness Month](#)
- [Emotional Wellness Month](#)
- [National Physical Therapy Month](#)
- [National Disability Employment Awareness Month](#)
- [National Depression Education & Awareness Month](#)
- [Sudden Infant Death Syndrome Awareness Month](#)
- [National Domestic Violence Awareness Month](#)
- [National Physical Therapy Month](#)

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