

Practice Management Insight

A report on events affecting Oklahoma providers

May 2018

ThinkHealth Updates v4.20

ThinkHealth will be rolling out version 4.20 on Thursday, May 10, 2018, from 5:00pm-7:30pm and Thursday, May 17, 2018, from 5:00pm-7:30pm. There will be some How To's sent out to our members dealing with the changes. There will also be a couple of webinars regarding the updates. The webinars will be May 11th and May 18th, both from 10:00am-12 noon.

The full list of updates is too numerous to mention, but a few of the highlights are: treatment plan upgrades, enhanced favorites reports and other new report module functions, additional schedule module features, increased payment sources options, additional billing functionality, new features in the patient and the assessment modules. Plus many, many more updates in this roll out.

[More Information](#)

Raising Mental Health Awareness

Since 1949, Mental Health America and our affiliates across the country have led the observance of May is Mental Health Month by reaching millions of people through the media, local events and screenings. We welcome other organizations to join us in spreading the word that mental health is something everyone should care about by using the May is Mental Health Month toolkit materials and conducting awareness activities.

When we talk about health, we can't just focus on heart health, or liver health, or brain health, and not whole health. You have to see the whole person, and make use of the tools and resources that benefit minds and bodies together. That's why this year, our May is Mental Health Month theme is Fitness #4Mind4Body. We'll focus on what we as individuals can do to be fit for our own futures – no matter where we happen to be on our own personal journeys to health and wellness – and, most especially, before Stage 4.

[More Information](#)



Update to the CEU ThinkHealth Training Date

Join us for the Clinician Activity Training-Treatment Planning/PA's. Unfortunately we've had to change the date of this offering due to some scheduling conflicts. It is now set for June 22nd 10:00am-12noon. Two continuing education units are available for this training.

During this training we will explore the Treatment Plan Module and provide some tools and tips along the way. We will review Treatment Planning in ThinkHealth. We will concentrate on learning basic concepts, problem/goals, learning advanced time saving tools, and how to properly bill for a Treatment Plan.

[More Information](#)

Alcohol misuse still outweighs opioid misuse

Federal lawmakers are filling their political ledgers with proposals to address the opioid crisis. In fact, federal omnibus appropriations for 2018 included about \$4 billion worth of new investment in everything from prevention to treatment to the development of devices to test overseas packages for fentanyl.

The focus on opioids is well directed. It goes without saying that the grim statistics on overdose deaths should prompt this level of acceleration toward solutions. However—always being the advocate for the underdog—I hope that in our opioid anxiety, we don't cheat the programs that support individuals with alcohol use disorders.

We can't assume that new policies addressing opioid addiction will consequently benefit those with alcohol issues too.

[More Information](#)

Problems with Defining and Differentiating

Behavioral health is an umbrella term that refers to your overall wellbeing and how it is impacted by your behaviors. Because behavior is something that is generally seen as changeable, people suffering from behavioral health issues can be empowered by knowing that their own choices can prevent, cure, or [decrease symptoms of a variety of behavioral health disorders](#).

However, even though relatively simple behavioral modification can translate to great improvements in overall health, the larger issue is often somewhat more complicated; at some point, the underlying causes of the initially maladaptive behaviors may require additional attention. Behavioral health is just as complex as mental health, and the two terms are often used interchangeably.

[More Information](#)

MARK YOUR CALENDAR

May 1-3
2018 Children's Behavioral Health Conference
[Norman OK](#)

May 5
Cinco de Mayo

May 8
Addiction Severity Index
[Tulsa OK](#)

May 10
OHCA Board Meeting
[OKC, OK](#)

May 11
Opioid Use Disorder-
Methadone
[OKC, OK](#)

May 12
SBIRT
[OKC, OK](#)

May 13
Mother's Day

May 15
Therapeutic Options Train the Trainer Recertification
[OKC, OK](#)

May 17-19
2016 Children's Behavioral Health Conference

May 26
Mental Health First Aid Adults
[OKC, OK](#)

May 29
Memorial Day

May 30
Strengthening Families Program-Prevention
[OKC, OK](#)

May 31
World No Tobacco Day



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Susan -Touchstone Counseling



MAY is...

National Mental Health Month

National Physical Fitness and Sports Month

National Stroke Awareness Month

Hepatitis Awareness Month



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