

# Practice Management Insight

A report on events affecting behavioral health and substance abuse providers

February 2017

## Don't miss your chance to join our "Clinician Activity Training - Treatment Plan Webinar"

Join us for the Clinician Activity Training over the Treatment Plan (PA) Module. This is an in-depth walkthrough on how to complete a full treatment plan. We will concentrate on learning basic concepts, gathering accurate information, learning advanced time saving tools, and how to properly bill for a treatment plan in ThinkHealth.

This training is approved for 2 CE Credit hours. The cost for the certificate is \$25 and is due after you have completed the webinar. Certificate is approved for LPC/LMFT and LADC/CADC. We encourage all members to register and attend this training.

If you are interested in purchasing a Continued Education Certificate for this webinar, you must complete the full 2 hours. Once the webinar is over, OrionNet Systems will send out an email with a secure link to purchase the CE Certificate for \$25. Once payment is received the certificate will be signed, a scanned copy will be emailed to you, and the original will be mailed to the address provided.

OrionNet Systems is excited to announce that we are working on an approval for clinicians to receive 4 hours of Continued Education Credits during training when your Agency signs up with ThinkHealth! Implementing a new system into an agency can be quite the transition. Everyone in the agency has to be apart of the process, there is training involved and a learning curve to deal with. OrionNet Systems is constantly working to find ways to make a clinicians jobs easier. We understand the work involved and the time and effort it takes for a clinician to earn and maintain your license.

Rachel Bell, the Product Training Specialist at OrionNet Systems, has worked hard this year acquiring Continued Education approval from the Oklahoma Board of Behavioral Health and Licensure and the Oklahoma Board of Licensed Alcohol and Drug Counselors for certain training's. If you have any questions or are interested please contact marketing for more details at 405-286-1674.

[For more information](#)

## MARK YOUR CALENDAR

[February 2](#)

**Ground Hog Day**

[February 9](#)

**OHCA Board Meeting**

[More Information](#)

[February 10](#)

**Mental Health First Aid Youth**

**ODMHSAS**

[February 10](#)

**Addiction Severity Index Update**

[More Information](#)

[February 14](#)

**Valentines Day**

[February 17](#)

**American Society of Addiction**

**Medicine Criteria**

[More Information](#)

[February 20](#)

**Presidents Day**

[February 21](#)

**Public Hearing of Rulemaking**

[More Information](#)

### Controversial ADHD prescription rule scrapped from Georgia bill

A provision of a Georgia Senate bill that would have required adults and children on ADHD medications to get new prescriptions every five days has been scrapped.

The proposed changes were presented before the Georgia Senate's Health and Human Services Committee on Thursday afternoon.

State Sen. Renee Unterman, the committee's chairwoman, had created a bill aimed at curbing the abuse of prescription opioids in Georgia. But controversy erupted as word spread of the provision that would have imposed restrictions on attention deficit hyperactivity disorder medications, as well as other prescriptions.

### Commercial weight-loss drug could help treat opioid addiction

Scientists are working to come up with new therapies to curb America's opioid epidemic and aid hospitals, doctors and public health officials in this fight. Now one team reports that the commercial weight-loss drug lorcaserin, when given to rats who had been self-administering oxycodone, appeared to reduce their use of and craving for the opioid.

The U.S. Centers for Disease Control and Prevention estimates that the number of deaths in the U.S. from prescription opioid overdoses has quadrupled since 1999 to the present day.

**February is...**

**American Heart Month**

**Black History Month**

**National Children's Dental Month**

**Canned Food Month**

attention deficit hyperactivity disorder medications, as well as other prescriptions of controlled substances.

day

[For More Information](#)

[For More Information](#)

**Canned Food Month**

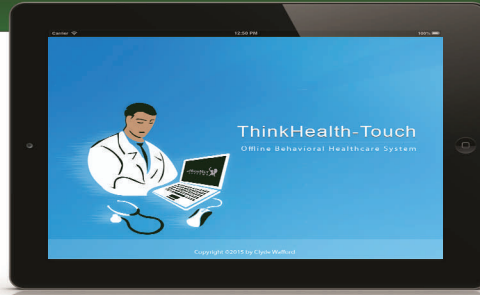
**National Weddings Month**

**National Cancer Prevention Month**

## ThinkHealth-Touch for iPad and Android Tablets

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### A 10-Minute Meditation to Help You Solve Conflicts at Work

There are few things at work as stressful as feeling that you can't communicate with someone who has an impact on how well you do your job and on the quality of your experience at work. How many times have you thought carefully about something you want to communicate to your boss, a colleague, or subordinate, only to find yourself leaving the conversation feeling angry or frustrated by how it went?

Karen (not her real name), a program officer for a nonprofit organization, had an experience like this when she first tried to convince her boss, Maria, to let her work from home three afternoons per week. She had thought carefully about how to make the most persuasive argument. She was prepared with a rationale that addressed her own needs as well as her employer's, details of how she would manage communication while physically absent, and buy-in from colleagues.

[More Information](#)

### Anthem Easing Access to MAT and Counseling Services

Health insurer Anthem recognizes the combination of behavioral health counseling and drug therapy as a best practice for substance use disorder treatment. There's just one problem: The insurer's internal research found that fewer than 1 in 5 members receiving medication-assisted treatment (MAT) have also been receiving counseling.

To that end, Anthem has announced changes that will enhance reimbursement to providers of MAT services and double the number of members who receive behavioral health counseling as part of their drug therapy for opioid addiction.

"It says it all in that title: It's medication-assisted therapy," Sherry Dubester, MD, Anthem's vice president of behavioral health and clinical programs, tells *Behavioral Healthcare Executive*. "We want to make sure we do what we can to increase access to both to the medication and to the supporting services."

Between 16% and 19% of Anthem plan members receiving buprenorphine products to treat opioid use disorder were also receiving in-person counseling, according to Anthem research. The plan changes that will aim to double that figure were first tested with three Anthem affiliated plans in the Northeast in 2016 and are slated to be extended to all Anthem health plans by early 2018.

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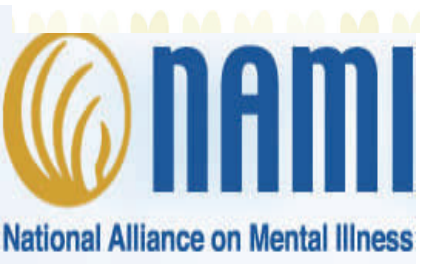
be extended to all Anthem health plans by early 2018.

Concurrently, Anthem announced it is also discontinuing its preauthorization requirement for medication-assisted treatment drugs, as part of a settlement with the New York attorney general's office. The change applies to its plans nationwide [For More Information](#)

<b>Ground-breaking research on the side effects of therapy</b>	<b>Tom Price takes aim at the inefficiencies of meaningful use</b>
<p>While many people who suffer from depression and anxiety are helped by seeing a psychologist, others don't get better or actually get worse. Psychological treatment can have negative side effects, like any medicine. This unexplored territory is the focus of a new dissertation out of Stockholm University.</p> <p>'We know now that therapy is an effective treatment for different forms of mental illness. What we don't know so much about is whether certain patients can actually get worse or have other types of side effects from their treatment,' says Alexander Rozental, licensed psychologist and PhD in psychology.</p> <p><a href="#">For More Information</a></p>	<p>The HHS nominee decries a law that has turned physicians "into data entry clerks." Meanwhile, genomics represents a "brave new world," he said – but "the challenges of how we afford to be able to make that available to our society are real."</p> <p>Rep. Tom Price, MD, the Georgia Republican tapped by President-elect Donald Trump to be the next U.S. Secretary of Health and Human Services, spent four hours testifying before the Senate Health, Education, Labor and Pension Committee on Jan. 18.</p> <p><a href="#">For More Information</a></p>

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